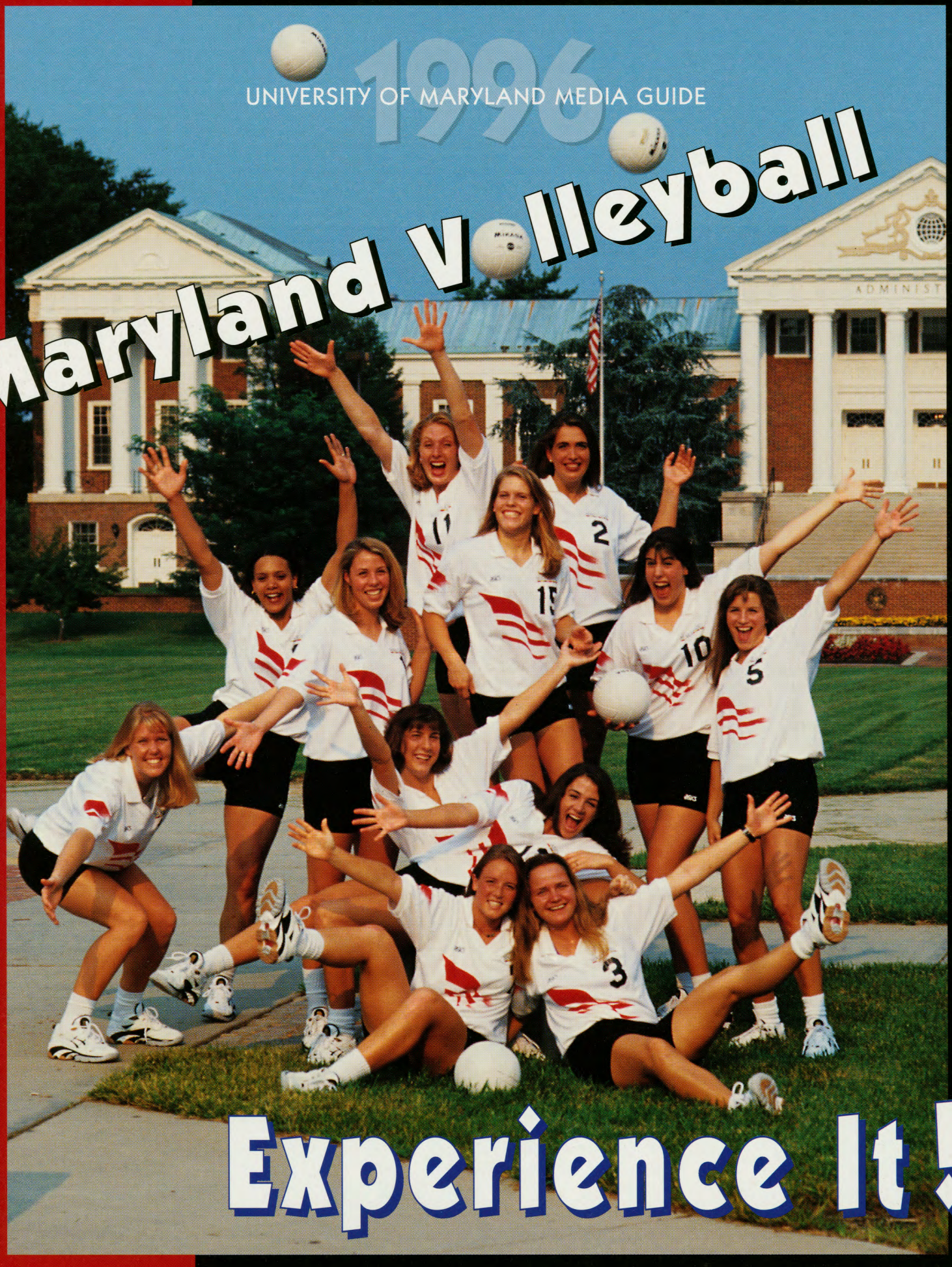
1996
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Maryland Volleyball
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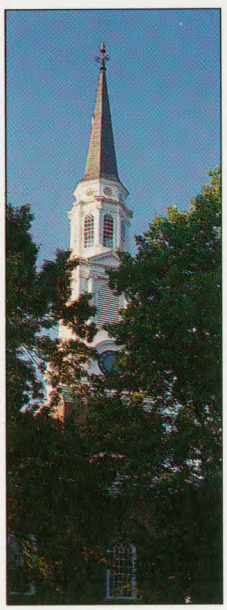

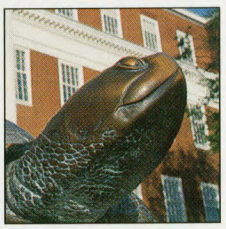

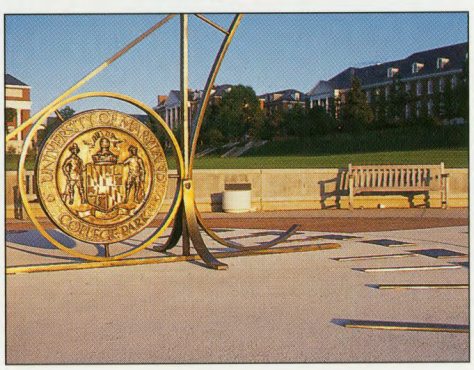

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1996 UNIVERSITY OF MARYLAND VOLLEYBALL

Quick Facts

Location: ..... College Park, MD
Founded: 1807
Enrollment: 30,371
Nickname: ..... Terrapins
Colors: ..... Red, White, Black and Gold
Court: ..... Cole Field House (14,500)

Team Information

1994 Overall Record: 22-10
1994 ACC Record/Finish: 10-4/Third
Letterwinners Lost: 5
Letterwinners Returning: 7
Starters Lost: 2
Starters Returning: 4

Coaching Staff

Head Coach: ..... Janice Kruger (Nebraska '77)
Record At Maryland: ..... 154-105/8 years
Career Record At Maryland: ..... 506-201-6/17 years
Assistants: ..... Paul Scheel (St. Cloud State '91), Felix Hou (Shanghai Physical Education Institute '86)
Student Assistant: ..... Joe Goble

Athletic Department Phone Numbers (301) Area Code

Athletic Director, Deborah A. Yow 314-7075
Senior Assoc. AD, Danita DeHaney 314-8678
Assoc. AD-Admin., Jamie Pollard 405-0572
Assoc. AD-External Operations, R.D. Helt 314-7035
Asst. AD-Student Serv., Dr. Javaune Adams-Gaston 314-7040
Asst. AD-Varsity Sports, Gothard Lane 314-7001
Head Coach, Janice Kruger 314-7009
Athletic Trainer, Sandy Worth 314-9905
Media Relations (VB), Tricia Harris 314-7063
Ticket Office 314-7070
Terp Phone (Latest Results) 314-TERP
InterNet Address ..... www.inform.umd.edu/athletics

Fax on Demand Service: ..... (910) 854-5859
Volleyball Release: 51850
Volleyball Schedule/Roster: 51854

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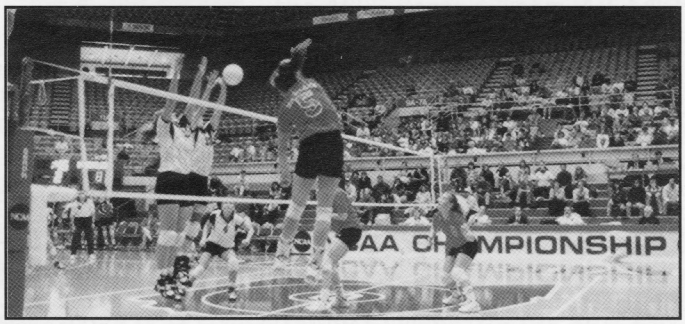


The 1996 University of Maryland Volleyball Media Guide was designed to assist the media in their coverage of Terrapin Volleyball. Any member of the media needing further assistance throughout the season should contact Tricia Harris, Assistant Director of Media Relations, University of Maryland, P.O. Box 295, College Park, MD 20741-0295, 301/314-7063.

The 1996 University of Maryland Volleyball Media Guide was written, designed and edited by Tricia Harris, Assistant Director of Media Relations. Editorial assistance was provided by Herb Hartnett, Heather Czeczok, Chuck Walsh, Nicole Hawkins, Jason Seedorf, David O'Brian and Dan Lyons. Photos were taken by Lisa Helfert, Media Relations Photographer, with others provided by Chance Brockway, Jr. of Brockway Sports Photos in Hebron, Ohio. The inside covers were designed by Dave Pfeiffer. Special thanks to Presstar for the special care and attention they use when producing publications for the University of Maryland Athletic Department.

1996 TERRAPIN VOLLEYBALL

Front Row (l to r): Shantelle Johnson, Daune Koester, Kimberly Adolphs, Candace Seitz, Tania Nagl, Eden Kroeger.
Back Row (l to r): Head Coach Janice Kruger, Lindy Forsberg, Conya Jabari-Kitwala, Jaime Summers, Kate Hannas, Shannon Saltzman, Elizabeth Efron, Assistant Coach Felix Hou, Assistant Coach Paul Scheel.

1996 MARYLAND VOLLEYBALL ROSTER

No.	Name	Pos.	Ht.	Yr.	Hometown /Previous School
1	Lindy Forsberg	OH	5-10	Jr.	Livermore, Calif./Chabot College
2	Elizabeth Efron	RS	6-0	Sr.	Buenos Aires, Argentina/U. of Argentina
3	Kimberly Adolphs	OH	5-9	So.	Runcorn, Australia/Runcorn
5	Daune Koester	OH	5-10	Sr.	Redford, Mich./Redford-Thurston
6	Conya Jabari-Kitwala	MH	6-0	Jr.	Las Vegas, Nev./Univ. of Minnesota
7	Eden Kroeger	S	5-7	Jr.	Englewood, Colo./Cherry Creek
9	Jaime Summers	MH	5-11	So.	Conneaut Lake, Penn./Conneaut Lake
10	Kate Hannas	MH/OH	6-3	Fr.	Ellicott City, Md./Mt. Hebron
11	Shannon Saltzman	MH	6-0	Sr.	Ellicott City, Md./Centennial
12	Shantelle Johnson	S	5-10	Sr.	West Linn, Ore./Weber State
14	Candace Seitz	OH	5-10	Sr.	Lake Oswego, Ore,/Lake Oswego
15	Tania Nagl	DS	5-8	So.	North Potomac, Md./Quince Orchard

Head Coach: Janice Kruger (Nebraska '77)
Assistant Coach: Paul Scheel (St. Cloud '91)
Assistant Coach: Felix Hou (Shanghai Physical Education Institute '86)

1996 VOLLEYBALL OUTLOOK

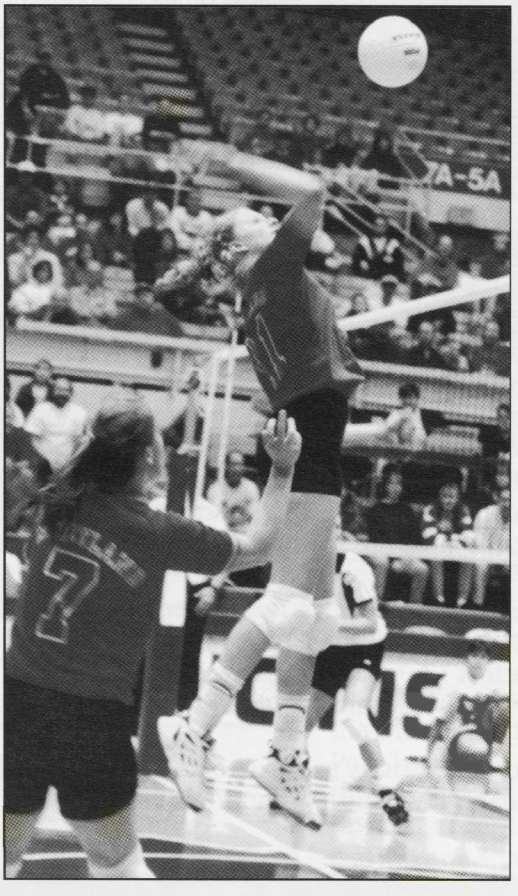
Celebrate the Excitement!

Call it a thunderstorm of excitement! An absolute hurricane of thrilling competition and non-stop action. Or call it Maryland volleyball!

It may be the most exciting year yet for Maryland as the 1996 version of the Maryland volleyball team once again sets its sights on the National Championship tournament.

As tradition dictates, Coach Janice Kruger and her staff offer fans and opponents fun and intense competition. Solid senior leadership and an impressive group of youthful talent create a powerful blend.

When the Terrapins begin the 1996 season, they will be without the services of two-time All-ACC selection Sherry Smith. Also gone are departing seniors Carrie Jaeck, Kim Mosley and Moneach Surber. What they left behind, however, was a solid foundation of aggressive players ready to continue the winning tradition.



Despite the departure of these four seniors, Kruger and the Terrapins have much to be excited about. With seniors **Elizabeth Efron**, **Daune Koester** and **Shannon Saltzman** leading the way, there will be a whirlwind of activity at the Terrapin camp. Also returning to the Terrapin lineup are seniors **Candice Seitz** and **Shantelle Johnson**, junior **Eden Kroeger**, and sophomores **Tania Nagl** and **Jaime Summers**. Adding new punch is junior **Lindy Forsberg**, sophomore **Kimberly Adolphs** and freshman **Kate Hannas**. Returning junior **Conya Jabari-Kitwala**, who sat out the 1995 season, completes the exciting Maryland lineup.

The list of returning starters for the Terrapins includes Efron, Krueger, Koester and Saltzman. As the second leading offensive threat behind Smith, **Elizabeth Efron** returns to the Terrapin lineup as an outside hitter for her final stint at Maryland. An intimidating and exciting player, the 1995 Second Team All-ACC selection has become a favorite among Maryland fans and will be a prime candidate for 1996 all-conference honors. Playing her first season at Maryland last year after transferring from the University of Argentina, Efron was one of three players named to the ACC All-Tournament team. She led the team in service aces with 55, and ranked second in kills with 340, including 32 kills against North Carolina which tied the school record. She established herself as a tough all-around player, recording 226 digs and 74 blocks.

Starting setter **Eden Kroeger** returns for her junior season after charting amazing statistics the past two seasons. The 5-7 native of Englewood, Colo., assumes the 'quarterback' position, and will also serve as co-captain. Kroeger broke every assist record as a freshman, including the season record with 1,405. Last season she registered 1,245 assists, an 11.1 per game average, and was second on the team in digs with 318.

Returning for her fourth season at Maryland, and this year's co-captain, is two-year starter, outside hitter **Daune Koester**. The native of Redford, Minn., possesses an explosive, quick arm swing and could see the best season of her career. She registered 304 kills for the Terps last season, and added 295 digs. Another familiar face in the Maryland lineup is middle hitter **Shannon Saltzman**. The 6-0 native of Ellicott City, Md., was a 1995 ACC All-Tournament team selection. She hit .262 and pounded 235 kills. Her 94 block assists ranks her 10th in the Maryland single-season record books.

Critical support for the four returning starters will be provided by Seitz and Johnson and the rest of the Maryland contingent. As a 5-10 outside hitter, **Candace Seitz** brings experience to the Maryland squad. She was one of Maryland's top reserves last season, playing in 30 of 32 matches. She averaged 2.3 kills and 2.6 digs per game. Playing a critical role in the setting scheme is **Shantelle Johnson**. Johnson saw action in 28 matches last season, totaling 319 assists, a 4.8 per game average.

Tania Nagl and **Jaime Summers** round out the list of returning players. Both players saw limited action behind strong upper class talent, but return with a year of practice and experience under their belts.

1996 VOLLEYBALL OUTLOOK

Fresh faces and new enthusiasm will be plentiful among the Terrpain squad this season. Returning junior Conya Jabari-Kitwala will be joined by junior college transfer Lindy Forsberg, sophomore transfer Kimberly Adolphs, and true freshman Kate Hannas.

Middle hitter **Conya Jabari-Kitwala** is a 6-0 native of Las Vegas, Nev. She tansferred to Maryland from Minnesota a year ago and sat out the 1995 season. She, too, has a year of practice and experience behind her and will add depth in the middle.

The three newest faces who will be wearing the Maryland colors this fall are **Lindy Forsberg**, **Kimberly Adolphs** and **Kate Hannas**. Forsberg, a 5-10 outside hitter, comes to Maryland after a successful two-year stint at Chabot College in Hayward, Calif. Forsberg was named MVP in 1995, and was also selected to the all-Northern California team. The California native is a versatile player, and will challenge for a starting role. Adolphs, like Forsberg, transferred to Maryland from Griffith University in Brisbane, Queensland (Australia). The 5-9 outside hitter is a multi-talented player who will make an immediate impact on the Terrapin squad. She trained with the 1996 Australian Senior National Team and played on the Australian Junior Team for two years.

At 6-3, Hannas ranks as the tallest player on the team. Like Forsberg, she is capable of playing any position on the court, and is especially explosive at the net. Hannas led Mt. Hebron to the 1996 3A region and state championships. Hannas was a member of the Columbia Volleyball club team where she was named to the Nike Northeast National Qualifier and the Shamrock Festival all-tournament teams.

It appears Kruger is loading up for another successful run at the ACC championship. The picture will become clearer as the season progresses and the Terrapins take on some of the best teams in the nation. Among the samplers on this year's plate are Texas A&M and Florida who finished the '95 season ranked 15th and sixth, respectively. The Conference race continues to tighten as Georgia Tech and Clemson join Maryland in making their move towards national prominence. Georgia Tech finished the '95 campaign ranked No. 22 in the nation.

The Terrapins open their season on the road against Villanova at the Hofstra Invitational where they also face Loyola College and Hofstra. Madison, Wis., is the next stop on the Terrapin road tour for the Wisconsin Invitational. The tournament lineup features Big 10 powerhouse Wisconsin, nationally-ranked Texas A&M, and Loyola Chicago.

After a stop at Georgetown on Sept. 10, the Terps return home to host the Holiday Inn-College Park Invitational on Sept. 13-14. Maryland welcomes William & Mary and George Washington to this year's tournament. The Terps owned a perfect 12-0 record at home last year.

ACC action begins on Sept. 20 when Maryland hosts Virginia. This year's ACC Tournament is scheduled for November 22-24 at Georgia Tech.

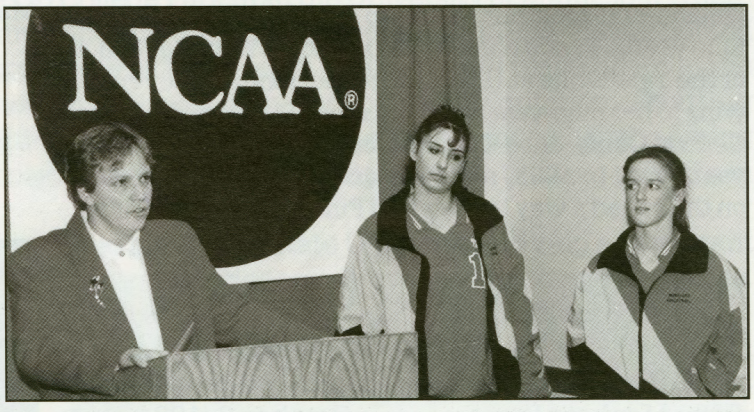
As the Terrapins plan for the storm of activity and excitement that lies ahead with a new season, new players and new challenges, one thing is clear -- it will be a thunderous year for Maryland volleyball. Come celebrate the excitement!

Seniors Shannon Saltzman (left) and Daune Koester will guide the 1996 Terrapins.

HEAD COACH JANICE KRUGER

Now in her ninth season at the helm of the Terrapin program, Janice Krueger continues to maneuver steadily toward the challenge of being the best. Her desire and excitement of competing at the highest level possible continue to drive Kruger as she drives her Maryland team to new heights.

Since her arrival in 1988, she has transformed the Terrapin program into a regional powerhouse and into a team always in the hunt for an Atlantic Coast Conference title.



In her first season, Maryland finished tied for third in the Atlantic Coast Conference and the squad set the groundwork for Kruger's illustrious future. Her hard work and patience paid off quickly as she saw the Terrapins compile a 23-15 tally in 1989, the best in five years.

Kruger's progression toward excellence continued and, by her third season at College Park, Kruger was recognized by her peers as the 1990 ACC Coach of the Year. She lead her squad to an ACC Championship and to Maryland's first NCAA Tournament appearance.

In 1991, Maryland finished second in the ACC and a year later the Terrapins won a record 24 games and tied for fifth place in the National Invitational Volleyball Championship. The 1993 Terrapins upset 17th-ranked Florida State in three games and beat Georgia Tech in the ACC Tournament for a third-place finish. Last season the Terrapins finished 20-10 with an 10-4 mark in conference action, and advanced to the second round of the NCAA Tournament.

Kruger Year-By Year

Year	School	W	L	T	Conf.	Post Season
1979	UNO	34	11	3	2nd	
1980	UNO	29	20	3	3rd	
1981	UNO	31	12	0	2nd	
1982	UNO	40	13	0	2nd	3rd NCAA Reg.
1983	UNO	49	8	0	1st	Final Four
1984	UNO	47	15	0	1st	3rd NCAA Reg.
1985	UNO	42	7	0	1st	Final Four
1986	UNO	45	4	0	1st	Final Four
1987	UNO	35	6	0	1st	Final Four
1988	Maryland	11	22	0	4th	
1989	Maryland	23	15	0	3rd	
1990	Maryland	22	12	0	1st	NCAA First Rnd.
1991	Maryland	18	11	0	2nd	
1992	Maryland	24	9	0	3rd	Tied Fifth NIVC
1993	Maryland	16	13	0	5th	
1994	Maryland	18	13	0	4th	
1995	Maryland	22	10	0	3rd	NCAA Second Rnd

Schools	W	L	T	PCT
UNO (9 years)	352	96	6	.786
Maryland (8 years)	154	105	0	.580
ACC (8 years)	43	31	0	.550
Overall (17 years)	506	201	6	.721

As only the second head coach in the history of the Maryland program, Kruger's impact at College Park has been an extremely positive one. In her first five years, her squads finished no lower than third place in the ever-competitive Atlantic Coast Conference, while gaining some impressive victories throughout.

Her recruiting efforts have not gone unnoticed as she has signed players from as far away as Hawaii, California and Oregon, while also keeping in-state players at home. Kruger has also seen her players earn national attention. Most recently, three-time All-ACC performer Nicole Lantagne received the AVCA National Player of the Week

Kruger's Awards & Honors

Two-Time NCAA Division II Coach of The Year
ACC Coach of the Year 1990
ACC Champions 1990

1990 ACC COACH OF THE YEAR

award last season and was also a GTE Academic All-District select. Lantagne has her name etched in the Maryland and ACC record books for assists in a career (4,277).

Prior to her arrival at Maryland, the popular Kruger was the head coach at the University of Nebraska-Omaha and took her teams to four Final Fours in her nine years. Twice named the Division II National Coach of the Year while at UNO, Kruger accumulated over 350 wins in her nine-year coaching stint. She won the North Central Conference Championship for five consecutive years and, in 1983, recorded an unbelievable 49 wins on the squad's way to their first Final Four under Kruger.

The talented and friendly Kruger, along with her staff, hold a summer volleyball camp which draws hundreds of local youngsters to College Park each year.

A native of Randolph, Nebraska, Kruger is a 1977 graduate of the University of Nebraska where she was a four-year letterwinner and captain. She earned her Master's Degree in Athletic Administration in 1978.

KRUGER'S MONUMENTAL CAREER VICTORIES

100	St. Ambrose	September 25, 1983
200	Mankato State	October 6, 1984
250	North Dakota State	October 11, 1985
300	C.W. Post	October 25, 1986
350	Minnesota-Duluth	December 6, 1987
400	**George Washington**	**October 17, 1990**
450	**Texas A&M**	**December 5, 1992**
484	**North Carolina**	**November 12, 1994**
485	**Portland**	**September 2, 1995**
500	**Florida State**	**October 28, 1995**
506	**Miami (Ohio)**	**November 29, 1995**

Kruger's 43 ACC victories ranks her first among active ACC coaches.

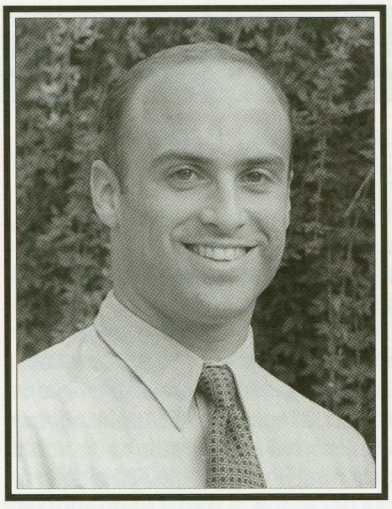
A watchful and expert eye has helped Janice Kruger guide her Terrapin teams to incredible success.

Most Career Victories Among Active ACC Coaches

Victories	Coach	School
527 (20 yrs)	Cecile Raynaud	Florida State
506 (17 yrs)	**Janice Kruger**	**Maryland**
433 (14 yrs)	Shelton Collier	Georgia Tech
301 (15 yrs)	Joe Sagula	North Carolina
71 (6 yrs)	Jolene J. Hoover	Clemson
32 (2 yrs)	Kim Hall	N.C. State

Most ACC Victories Among Active ACC Coaches

Victories	Coach	School
43 (8 yrs)	**Janice Kruger**	**Maryland**
38 (5 yrs)	Shelton Collier	Georgia Tech
31 (3 yrs)	Jolene J. Hoover	Clemson
29 (6 yrs)	Joe Sagula	North Carolina
27 (5 yrs)	Cecile Raynaud	Florida State
8 (2 yrs)	Kim Hall	N.C. State



ASSISTANT COACH PAUL SCHEEL

Paul Scheel begins his third season as an assistant coach at the University of Maryland. Scheel serves as the chief recruiter and is involved with every aspect of the Terrapin's program. His recruiting efforts don't go unrecognized, as he has been able to attract several national team players and *USA Today* High School All-Americans to College Park.

Scheel comes to College Park from the University of Minnesota where he was an assistant coach for the Golden Gophers. In 1993, Scheel helped the squad advance to the NCAA Sweet 16 and a third place finish in the Big Ten. His responsibilities included planning practice, scouting opponents, recruiting and scheduling. Scheel left Minnesota in the spring of 1994 after successfully recruiting and signing the top two recruits in the state.

Prior to his stint at Minnesota, Scheel spent a year at Indiana State University serving as assistant coach. With the Sycamores, Scheel revamped the recruiting activities and directed all fundraising projects. He was also involved with team travel and practice planning.

As a player, Scheel competed three years at St. Cloud State earning all-conference each season. He led his squad to a 60-12 record throughout his three seasons and to a second place finish in the NIVC in 1989. As a senior, he played at Eastern Montana College leading his squad to its best NCAA Division I record in school history (20-8). He was given all-tournament recognition at the Eastern Montana College Invitational and the State University of New York-New Paltz Tournament. Scheel competed with the Christian Sports Outreach International program and traveled to Jamaica in December, 1991.

A head coach for the Mosquito Coast Volleyball Club and the Chaska Junior Volleyball Club, both in Minneapolis, Minn., Scheel brings a wealth of volleyball experience to College Park.

Scheel, originally from Minneapolis, Minnesota, graduated Cum Laude from St. Cloud State University in 1991 with a degree in Biology.

ASSISTANT COACH FELIX HOU

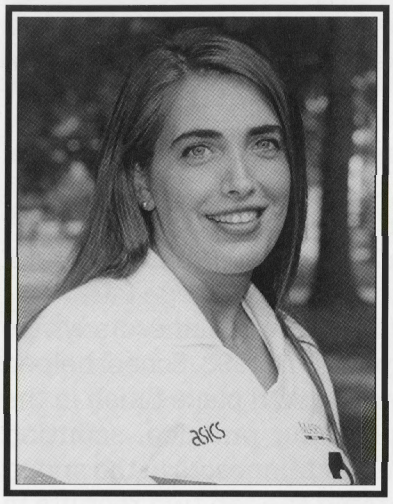
Felix Hou is in his second season with the Maryland volleyball but is no stranger to the sport. Hou played seven years for the Chinese National Team, missing the 1980 Olympic Games because of his country's boycott. The 1980 team went undefeated in world competition.

Hou comes to College Park after spending the last two years as an assistant coach for the Yohan Women's Volleyball professional team in Hong Kong. Prior to that, he coached in Iceland for both the national team and the women's and men's teams at Iceland University.

Hou served his native country for several years before moving to Iceland. He coached the National Women's Youth Team and the Beijing Women's Team. His teams earned numerous awards including first place finishes in four international tournaments.

Besides his national team experience, Hou particpated on Beijing's club team for three years. He has been honored with individual awards including three "Best Player" awards and two "Best Spiker" awards on various teams. As a coach, Hou has delivered seven players to the China National Team and six to the Iceland National Team.

As an assistant coach, Hou will be a valuable asset to the team's on court training. Hou has written several articles on volleyball training and earned a bachelor's degree in coaching management from Shanghai Physical Education Institute. Hou is married to Xiaolan Zhou who was captain of China's 1984 Olympic gold medal volleyball team. They have a daughter, Lucy, who is eight years old.



2 ELIZABETH EFRON

6-0 * Senior * Outside Hitter * Buenos Aires, Argentina
Colegio San Martin High School/University of Argentina

On Efron: One of Maryland's top returning players ... A Second Team All-ACC selection ... Named to the ACC All-Tournament team ... An explosive and powerful player ... Immediately stepped in to a starting role, igniting the Terrapin offense ... An excellent server ... Is capable of leaving her mark in Maryland history, already holding two single-season records ... **1995:** A Second Team All-ACC selection ... Named to the ACC and Michigan State all-tournament teams ... Named ACC Player of the Week on October 2 ... Played in all of Maryland's 32 matches ... Recorded 32 kills against North Carolina which tied a school record ... Also had 18 digs against the Tar Heels ... Led all Terrapins, and was second in the ACC, in aces with 55 ... Her 55 aces ranks her fourth in the single-season records in aces ... Was second on the team and ninth in the ACC in hitting percentage (.275) ... Her 340 kills ranks her ninth in the single-season record books ... Averaged 3.1 kills, .5 aces, 2.1 digs and .7 blocks per game ... Had a team-high six service aces against Clemson which also tied the school record ... **International Experience:** Was a member of the Under-18 South American World Championship team in 1989 ... Twice competed on the junior team in the South American Games, appearing in two world championship games ('89 and '91) ... Was a member of the senior team in the South American Games and appeared on one world championship team ('90) ... Played for Argentina in the Pan American Games in 1991 and 1995 ... Her '95 Pan American team finished fourth at the Games ... **High School:** A five-year starter for Colegio San Martin ... Played on the Argentina National Team her last two years ... Voted Top Newcomer on the National Team ... Led Colegio San Martin to the national championship her junior year ... Also led team to the city championship all five years ... **Personal:** Born August 10, 1972 ... Daughter of Susana Smoler and the late Jorge Efron ... majoring in international business.

Career Highs

K----- 32, North Carolina (10/6/95)*
A ----- 62, North Carolina (10/6/95)
D ----- 18, North Carolina (10/6/95)
BA ---------- 7, N.C. State (9/23/95)
** Ties school record*

Career Statistics

Year	MP	GP	K	E	TA	PCT	A	ACE	DIG	BS	BA
1995	32	110	340	122	792	.275	66	55	226	5	69

5 DAUNE KOESTER

5-10 * Senior * Outside Hitter * Redford, Mich.
Redford-Thurston High School

On Koester: A powerful outside hitter with a dynamic arm swing ... Is quick on defense and possesses excellent ball control skills ... An excellent server ... Dedicated, exciting player who brings experience and leadership to the squad ... A spirited player who brings enthusiasm to squad ... **1995:** Appeared in 94 games as a junior ... Was third on the team in kills and digs with 304 and 295, respectively ... Tallied a season-high 21 kills against Portland ... Scooped up a season-high 21 digs against Florida State ... Ranked ninth in the ACC in digs per game (3.14) ... Was named to the Maryland Invitational All-Tournament team ... Averaged 3.2 kills, 3.1 digs and .4 blocks per game ...**1994:** Spiked a school-record 32 kills in the four-game victory over Georgia Tech ... Also had a career-high 67 attempts in that match ... Finished second in kills ... Recorded 19 digs in ACC matches against Virginia and Duke ... One of three Terps to claim over 300 digs (304) ... Team's serving ace, leading the Terps with 37 aces ... An all-tournament selection at the Maryland/Holiday Inn Calverton Invitational ... **1993:** Played in 29 matches ... Recorded 120 kills ... Tallied nine service aces, 145 digs and 17 blocks ... Awarded the Spirit Award by the coaching staff ... **High School:** First team all-state as a senior after earning second team status as a junior ... Was a four-time all-region and all-conference selection ... Earned four letters in basketball and softball ... **Personal:** Born on January 8, 1975 ... A psychology major ... The oldest of three children and the daughter of Linda and Joe Koester.

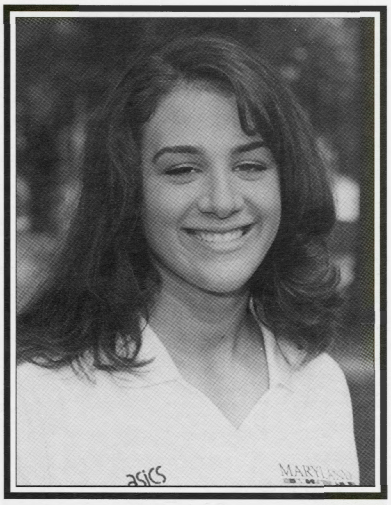
Career Highs

K ---- 32, Georgia Tech (9/24/94)*
A ------ 67, Georgia Tech (9/24/94)
D ----- 21, Florida State (10/28/95)
BS ----- 2, Georgia Tech (11/19/93)
---------- Delaware (9/7/94)
BA ---------- 5, Alabama (9/10/94)
---------- Villanova (9/9/95)
** Ties School Record*

Career Statistics

Year	MP	GP	K	E	TA	PCT	A	ACE	DIG	BS	BA
1993	29	73	120	81	365	.107	8	9	145	3	14
1994	31	104	330	193	915	.150	12	37	304	7	35
1995	28	94	304	134	846	.201	15	19	295	4	36
Totals	**88**	**271**	**754**	**408**	**2126**	**.163**	**35**	**65**	**744**	**14**	**85**

12 SHANTELLE JOHNSON



5-10 * Senior * Setter * West Linn, Ore.
West Linn High School/Weber State

On Johnson: Possesses sound ball control skills ... Has excellent size and experience for a setter ... Shared valuable playing time with junior setter Eden Kroeger ... Played in 28 matches after transferring from Weber State ... **1995:** Began Terrapin career after transferring from Weber State ... Registered 319 assists ... Totaled a season-high 41 assists against Clemson ... Averaged 4.8 assists per game ... Played her best match against Clemson where she spiked a season-high four kills, had 41 assists, and a season-high seven digs ... **At Weber State:** Earned a starting setting role as a freshman ... Led the Wildcats with 1,149 assists (10.8 per game) ... Finished second in the Big Sky Conference in aces and third in assists ... Missed the end of the 1994 season after having knee surgery ... Averaged eight assists per game in the 14 matches she did play ... **High School:** Two-time all-league selection and all-region pick ... Team captain in 1992 and 1993, leading West Linn to a region title ... Played club volleyball with the Nike Portland Black team ... Earned three letters in softball and two in cheerleading ... **Personal:** Born on March 2, 1975 ... Majoring in journalism ... The daughter of Sharon and Stephen Johnson.

Career Highs

K---------- 4, Clemson (9/30/95)
A ---------- 41, Clemson (9/30/95)
D ---------- 7, Clemson (9/30/95)

Career Statistics

Year	MP	GP	K	E	TA	PCT	A	ACE	DIG	BS	BA
1995	28	66	24	4	69	.290	319	17	52	1	8

11 SHANNON SALTZMAN

6-0 * Senior * Middle Hitter * Ellicott City, Md.
Centennial High School

On Saltzman: A 1995 ACC-All Tournament selection ... A powerful hitter who is expected to ignite the Terrapin offense ... Capable of playing several positions ... Strong at the net with an impressive vertical leap ... **1995:** A 1995 ACC-All Tournament team selection ...Saw action in all of Maryland's 32 matches and 117 games ... Her 94 block assists ranks 10th in single-season records ... Registered 235 kills on 585 swings for a .262 percentage ... Twice posted a career-high 14 kills ... Was second on the team in service aces with 26 ... Matched her career-high seven block assists three times ... Played her best match against North Carolina where she registered double-figure kills (14) and digs (13) ... Averaged 2.0 kills, 2.1 digs and .9 blocks per game ... Athletic Director's Scholar Honor Roll ... **1994:** A key back up, playing in 22 matches ... Had best match against Virginia with 13 kills in 28 attempts and recorded seven digs ... Assisted seven blocks and had seven digs against Drexel ... **1993:** Played in 23 matches and 50 games ... Tallied 67 kills, 53 digs and 24 blocks ... Recorded the best GPA of her classmates ... Finished the season as a starter on the right side ... Named to the Maryland/Holiday Inn Calverton Invitational All-Tournament Team at College Park ... Athletic Director's Scholar Honor Roll ... **High School:** Was a two-time All-Met by the Washington Post and Baltimore Sun and was the Baltimore Sun's 1992 Player of the Year ... Earned high school letters in basketball, softball and lacrosse ... Played for Columbia Volleyball club team ... **Personal:** Born on April 3, 1975 ... A business major ... Has appeared on Dean's list every semester ... Has maintained a perfect 4.0 GPA since fall of 1994 ... The daughter of Jan and Calvin Saltzman.

Career Highs

K ---- 14, North Carolina (10/6/96)
---------- American (10/10/96)
A ---- 32, North Carolina (10/6/95)
D ---------- 17, N.C. State (9/23/95)
BA ---------- 7, Four times

Career Statistics

Year	MP	GP	K	E	TA	PCT	A	ACE	DIG	BS	BA
1993	23	50	67	33	172	.198	6	3	53	7	17
1994	22	58	77	39	206	.184	6	11	49	2	37
1995	32	117	235	82	585	.262	18	26	245	16	94
Totals	**77**	**225**	**379**	**154**	**963**	**.234**	**30**	**40**	**347**	**25**	**148**

14 CANDICE SEITZ

5-10 * Senior * Outside Hitter * Lake Oswego, Ore.
Lake Oswego High School

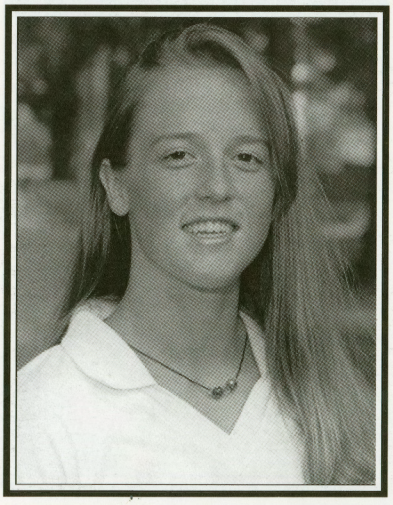
On Seitz: A very versatile athlete ... One of the squad's best ball control players ... Strong passer and excellent defensive player ... Good team player who has continued to improve both offensively and defensively ... **1995:** Played in 30 matches, seeing action in 100 games ... averaged 2.3 kills, 2.6 digs and .4 blocks per game ... Posted double-figure kills in 10 matches ... notched 21 kills and 22 digs against South Carolina ... Recorded four service aces against Virginia ... **1994:** Played in all 31 matches ... had a personal best 16 kills against Texas Tech en route to an all-touranment selection at the LSU Tiger Classic ... Spiked 16 kills again a month later vs. Towson State ... Second on the team in digs (315) ... One of five Terps to record 20 or more aces with 21 ... **1993:** Chosen Freshman of the Year by the coaching staff ... Played in 20 matches and 66 games after sitting out a month with a serious ankle sprain ... Tallied 83 kills on the year ... **High School:** Led the team to a third place state finish as a junior and a fourth-place finish her senior year ... First team All-League and third team All-State as a senior ... Led in passing, serving and hitting as a senior ... **Personal:** Born on December 25, 1974 ... Her younger sister, Hayley, was also born on Christmas Day ... The daughter of Debbie and Mike Seitz ... A speech/English education major.

Career Highs

K------ 21, South Carolina (9/16/95)
A ----- 68, South Carolina (9/16/95)
D ---------- 26, NC State (9/25/93)
BS ----- 2, James Madison (9/22/93)
---------- Florida State (11/18/94)
BA ---------- 4, NC State (9/25/93)

Career Statistics

Year	MP	GP	K	E	TA	PCT	A	ACE	DIG	BS	BA
1993	20	66	83	41	280	.150	30	18	193	5	26
1994	31	109	195	88	534	.200	26	21	315	9	35
1995	30	100	229	113	727	.160	18	24	260	5	39
Totals	**81**	**275**	**507**	**242**	**1541**	**.172**	**74**	**63**	**768**	**19**	**100**



7 EDEN KROEGER

5-7 * Junior * Setter * Englewood, Colo.
Cherry Creek High School

On Kroeger: One of the top returning setters in the ACC ... A heady player who gives the Terps leadership on and off the court ... Will quarterback the '96 squad ... Only second Terp to record multiple 1000+ assist seasons ... A quick and aggressive player with excellent hands ... Is on tap to break Maryland's career assist record ... **1995:** Recorded 1,245 assists which ranks her third in single-season record books ... Averaged 11.1 assists per game ... Finished fifth in the ACC with a 11.12 assist per game average ... Was second on the team in digs (318) ... Had a season-high 18 digs against N.C. State ... Tallied five block assists against George Mason ... Athletic Director Scholar Athlete ... **1994:** Set a school-record 1, 405 assists in only her first season wearing a Terp uniform ... Finished second in the ACC and eighth in the nation in assists per game with a 13.51 average ... Was second in the conference only to ACC Rookie of the Year Kristen Campbell of Duke ... Campbell and Kroeger were the top freshmen in the nation in that category ... A selection for the ACC All-Rookie Team after earning Rookie of the Week honors four times ... Carried the Terps to a four-game victory over Georgia Tech with a school-record 84 assists ... Had 65 assists in a three-game match against William & Mary for Maryland's best per game average of 21.67 ... Led the Terps in digs (338) and was second in aces (27) ... Honored with the team's Freshman of the Year award and the 100% Award for consistently giving 100 percent effort ... Had best hitting game against Virginia with eight kills in 22 attempts ... **High School:** Captained squad her senior year at Cherry Creek ... Two-time MVP ... Coaches Award as a junior ... Recognized as one of the top six players in Colorado by earning All-Colorado honors ... Centennial Conference All-League four consecutive years ... National Honor Society ... Also an outstanding soccer player ... **Personal:** Born December 27, 1976 ... Daughter of Lu and Duane Kroeger.

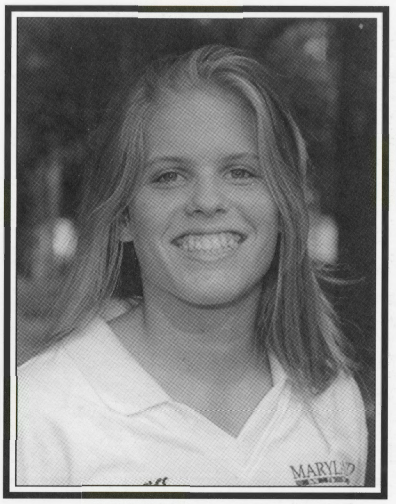
Career Highs

A ------ 84,Georgia Tech (9/24/95)*
K---------- 15, Portland (9/2/95)
D -------- 23, Virginia Tech (9/2/94)
** Denotes School Record*

Career Statistics

Year	MP	GP	K	E	TA	PCT	A	ACE	DIG	BS	BA
1994	29	104	98	27	276	.257	1405	27	338	1	28
1995	32	112	49	14	145	.241	1245	20	318	6	24
Totals	**61**	**216**	**147**	**41**	**421**	**.252**	**2650**	**47**	**656**	**7**	**52**

15 TANIA NAGL



5-8 * Sophomore * Defensive Specialist * North Potomac, Md.
Quince Orchard High School

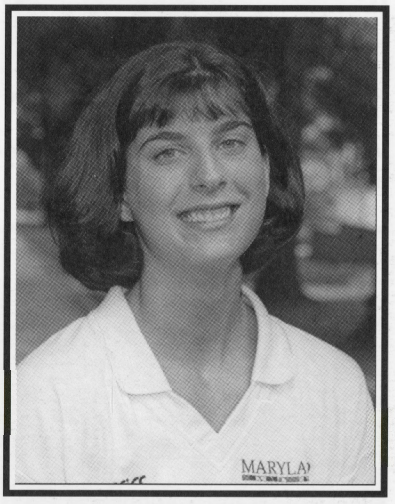
On Nagl: A critical component in the back row ... Gained valuable experience as a freshman last season ... A dedicated, exciting competitor ... Is excellent at anticipating and being in the right spot ... **1995:** Saw limited action as a freshman, playing in only six matches ... Tallied three digs and two aces against Portland ... Received the 100% award from the Maryland coaching staff ... Athletic Director's Scholar Athlete Honor Roll ... **High School:** Led the Cougars to back-to-back state final appearances ... A second-team All-Met selection as a senior ... Participated on a club team that qualified for nationals her last two years ... An all-star athlete in both volleyball and soccer as a senior ... Named honorable mention all-county in soccer as a junior ... **Personal:** Born November 30, 1977 ... Majoring in letters and sciences ... The daughter of Murielle and Anton Nagl ... An excellent student who was a member of German, French and National Honor Societies.

Career Statistics

Year	MP	GP	K	E	TA	PCT	A	ACE	DIG	BS	BA
1995	6	12	0	0	0	.000	0	2	5	0	0

Career Highs
D -------- 3, Portland (9/2/95)
Aces ------ 2, Portland (9/2/95)

9 JAIME SUMMERS



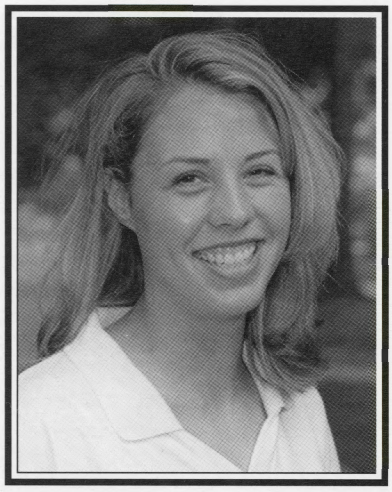
5-11 * Sophomore * Middle Hitter * Conneaut Lake, Penn.
Conneaut Lake High School

On Summers: A powerful hitter with an explosive swing ... Adds depth to the middle position ... Exciting player in the middle ... Great leaper with quick hands ... Strong at the net with an impressive vertical leap ... Could mature into a fearsome front-line player ... Expresses the ability and desire to be a true leader ... **1995:** Saw limited action during freshman campaign ... Played in four matches ... Totaled nine kills, two aces, three digs and seven blocks ... Played best match against American where she pounded six kills and stuffed four blocks ... Named Freshman of the Year by the Maryland coaching staff ... **High School:** Participated on four conference championship teams that went 118-11 ... Holds school record in career kills ... Twice selected for all-conference, all-district and all-state teams ... Named MVP of the Keystone State Games ... Earned four letters and three all-conference selections in basketball ... Scored over 1,000 points during basketball career ... **Personal:** Born March 2, 1977 ... The daughter of Margaret and James Summers.

Career Statistics

Year	MP	GP	K	E	TA	PCT	A	ACE	DIG	BS	BA
1995	4	8	9	2	17	.412	0	2	3	1	6

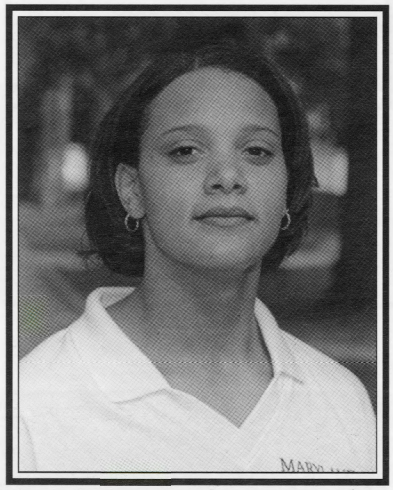
Career Highs
K---------- 6, American (10/10/95)
A ---------- 8, American (10/10/95)
D ------- 2, North Carolina (10/6/95)
BA ---------- 3, American (10/10/95)



1 LINDY FORSBERG

5-10 * Junior * Outside Hitter * Livermore, Calif.
Granada High School/Chabot College

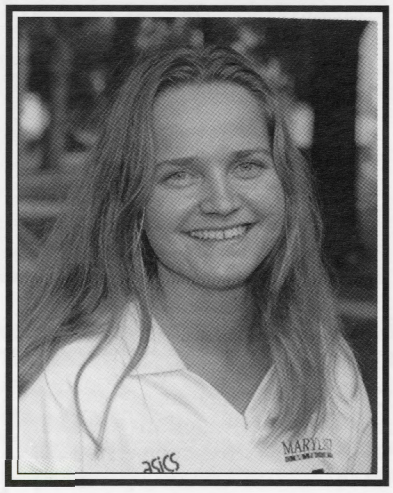
On Forsberg: Transferred to Maryland after playing two years at Chabot College ... A versatile player ... Capable of playing all positions on the court ... Adds depth and experience to the corp of Terrapin outside hitters ... Will challenge for a starting role ... **At Chabot:** Named MVP in 1995 ... Named to the all-tournament team at the San Jose Tournament in '95 ... All-League team member ... Selected to the all-Northern California team in '95 ... An all-state tournament team selection in '94 ... Received scholar athlete award in the '94 and '95 ... **High School:** Named Granada's MVP in 1993 ... Named to to the Castro Valley and San Bernadino all-tournament teams ... A two-time all-league selection in 1992 and '93 ... Twice named athlete of the week ... Played on the Tri-Valley club team for two years ... Also played for Don Petrilli on the Bay Club team for a year ... **Personal:** Born October 10, 1976 ... A physical education major ... Daughter of Jerry Forsberg and Pam Souza ... Received most improved in math and science award her junior year in high school.



6 CONYA JABARI-KITWALA

5-9 * Junior * Middle Hitter * Las Vegas, Nev.
Clark High School/University of Minnesota

On Jabari-Kitwala: Will return to the Maryland lineup after sitting out the 1995 season ... Will contribute well and add depth at the middle position...**1995:** Sat out the 1995 season ...A transfer from the University of Minneota ... **At Minnesota:** Marked the second best hitting percentage (.271) on the Golden Gopher squad ... Aced 21 serves while playing in 33 of the team's 36 matches in 1994 ... Recorded 15 aces in the last 14 matches of her freshman year ... **High School:** Named second-team All-American by *USA Today* in 1992 ... Team captain as a senior ... An all-tournament selection as both a junior and a senior in Nevada's state tournament ... Led Edward Clark High to back-to-back state titles as a junior and senior ...Team was runner-up her sophomore year ... Played on a club team that won the Chicago Tournament and Davis-Nike Festival in 1990-91 ... Her team finished 13th and 11th at the Davis-Nike Festival in 1991-92 and 1992-93, respectively ... **Personal:** The former Conya Wakefield ... Married Horatio Jabari-Kitwala in the spring of 1995 ... Born March 7, 1975 ... A sociology major ... Daughter of Charles and Marie Wakefield.



3 KIMBERLY ADOLPHS

5-9 * Sophomore * Outside Hitter * Runcorn, Australia
Runcorn High School/Griffith University (Australia)

On Adolphs: A transfer from Griffith University in Brisbane, Queensland (Australia) ... A multi-talented athlete who will make an immediate impact on the Terrapin squad ... A great server as well as passer ... Trained with the 1996 Australian Senior National Team ... A member of the Australian Junior National Team in '92 and '94 ... Played on the Queensland State junior team ('90-'95) ... Also played on the Queensland State senior team ('93-'96) ... A three-time member of the National Junior Championships All-Star team ('91, '93, '95) ... Voted best passer at the '94 Senior National Championships, and best server at the '95 Championships ... **High School:** A three-year captain at Runcorn ... A Caltex All-Arounder ... A member of the student union ... **Personal:** Born July 2, 1975 in Germany ... Daughter of Karl and Robin Adolphs ... Majoring in kinesiology ... Has twin brothers, Troy and Shannon, and an older brother Mark.

10 KATE HANNAS

6-3 * Freshman * Middle Hitter * Ellicott City, Md.
Mt. Hebron High School

On Hannas: An all-around athlete ... Capable of playing all positions on the court ... A powerful hitter ... Explosive talent at the net ... **High School:** Led Mt. Hebron to the 1996 3A region and state championship ... Earned All-County and All-Metro honors ... Played on Columbia Volleyball club team ... Named to the Nike Northeast National Qualifier all-tournament team ... Also named to the all-tournament team in the Shamrock Festival ... **Personal:** Born April 6, 1978 ... Daugher of Craig and Christine Hannas ... An excellent student, earning an academic award of honor her senior year ... Named to the principal's honor roll during her senior year ... Earned student-of-the-month honors during her junior year ... A Letters & Sciences major.

NCAA VOLLEYBALL CHAMPIONSHIP

1996 Division I Women's VOLLEYBALL CHAMPIONSHIP

First Round*	Second Round*	Regionals*	Semifinals	National Championship	Semifinals	Regionals*	Second Round*	First Round*
December 4	December 7 or 8	December 12-15	December 19	December 21	December 19	December 12-15	December 7 or 8	December 4

NATIONAL CHAMPION

Cleveland, Ohio
Cleveland State University,
host institution

*First- and second-round & regional matches will be played on the campus of one of the participating institutions.

NCAA 10980-5/96

1995 REVIEW

There is a fine line that separates mediocrity from excellence. The Maryland volleyball team crossed that line in 1995. It was a season of rapid maturity which culminated in a 22-10 overall record, including a perfect 12-0 mark at home, a 10-4 mark in Atlantic Coast Conference play, and the school's second appearance in the NCAA Tournament.

After losing only one starter from the 18-13 squad in 1994, the Terrapins began the season at the George Washington tournament, where they posted a 1-3 record. After losing three straight to Akron, George Washington and Pittsburgh, respectively, Maryland collected its first win of the 1995 season--a 3-1 win over Portland. Senior middle hitter Sherry Smith was named to the all-tournament team after putting down 60 kills while collecting 66 digs.

The Terrapins began their 1995 home slate playing host to Connecticut, Villanova and William & Mary in the Maryland Invitational. The Terps rolled off three straight wins en route to being crowned tournament champions. Three Terrapins, Sherry Smith, Daune Koester and Moneach Surber, were named to the all-tournament team.

Following a 3-0 win over Georgetown which ran Maryland's record to 5-3, the Terrapins ventured west for the Michigan State Volleyball Classic. The Terps finished second behind host Michigan State, and junior Elizabeth Efron was named to the all-tournament team. Maryland went 2-1, including a come-from-behind victory against South Carolina. The Terps' other victory came against Cleveland State (3-1) while Michigan State easily handled Maryland in three games. Efron finished the tournament with 35 kills.

Maryland opened Atlantic Coast Conference play on the road against Duke and N.C. State. The Terps' saw their five-match win streak end at the hands of the Blue Devils. Duke outlasted the Terrapins in five games. However, Maryland bounced back the following evening, defeating N.C. State in four games.

A 3-1 win over then-No. 22-ranked Georgia Tech marked the Terrapins' fifth home victory. Two straight wins over Clemson and Virginia, respectively, improved Maryland's record to 4-1 in the ACC and a share of the conference lead.

October began with a winning streak being broken. October ended with a Maryland run which saw the Terrapins win 21 consecutive games, five matches by a 3-0 count and put together a season-best eight-match winning streak. In fact, Maryland did not lose another game until the championship match of the ACC tournament when the Terps lost to Georgia Tech in three games.

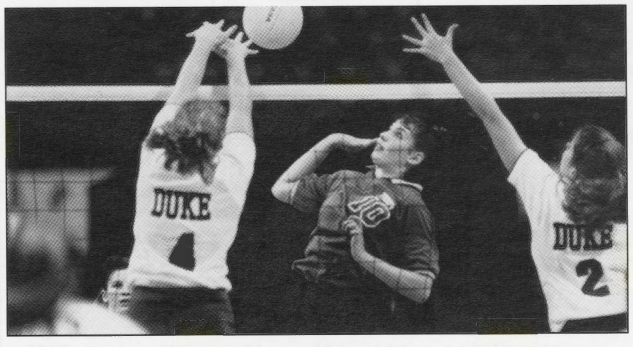
Terrapin head coach Janice Kruger collected her 500th career victory with a 3-0 win over Florida State, while the Terps closed out their home season undefeated.

At the ACC championship, the Terrapins disposed of Duke and Florida State in three games, then lost to No. 20-ranked Georgia Tech (0-3) in the championship match. Maryland placed two players on the all-tournament team, Smith and junior middle hitter Shannon Saltzman.

Maryland received its first NCAA bid since 1990 and earned the right to host Miami (Ohio) in first-round action. At stake was a chance to earn the school's first second-round appearance, and also the Terrapins' eleven-match home winning streak. The Terps made history, defeating Miami in three straight games, and earning the school's first NCAA second-round appearance.

The Terrapins were not as fortunate in the s econd round where they ran into a veteran Ohio State team. The Terps won the first game but the Buckeyes came back to win the next three.

But even the early exit from the NCAA tournament could not overshadow what was one of the most prolific seasons in Maryland volleyball history.



Sherry Smith was named to the ACC All-Tournament team, the Maryland Invitational All-Tournament team and the George Washington All-Tournament team in 1995.

1995 REVIEW

1995 Final Statistics

Overall Record: 22-10

Home: 12-0 **Away: 5-7** **Neutral: 5-3**

No	Name	MP	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE
13	Elizabeth Efron	32	110	340	122	792	.275	66	55	76	10	226	5	69	1
2	Jaime Summers	4	8	9	2	17	.412	0	2	2	0	3	1	6	0
3	Carrie Jaeck	6	7	7	7	22	.000	0	0	1	2	10	0	0	0
5	Daune Koester	28	94	304	134	846	.201	15	19	40	27	295	4	36	3
7	Eden Kroeger	32	112	49	14	145	.241	1245	20	29	2	318	6	24	3
8	Kim Mosley	31	80	14	9	50	.100	13	1	8	7	103	1	6	1
9	Laura Cressa	25	53	28	21	83	.080	8	17	19	3	35	3	12	1
10	Sherry Smith	32	115	388	123	866	.306	34	25	35	21	339	30	106	17
11	Shannon Saltzman	32	117	235	82	585	.262	18	26	59	14	245	16	94	5
12	Shantelle Johnson	28	66	24	4	69	.290	319	17	24	0	52	1	8	1
14	Candace Seitz	30	100	229	113	727	.160	18	24	50	24	260	5	4	4
15	Tania Nagl	6	12	0	0	0	.000	1	2	0	0	5	0	0	0
16	Moneach Surber	32	103	317	137	860	.209	12	24	64	29	242	9	24	5
	MARYLAND	32	118	1944	768	5062	.232	1749	232	407	156	2133	81	209	42
	Opponents	32	118	1575	736	4544	.185	1411	156	267	232	2042	87	242	68

1995 Final Results

9-1	Akron	L	N1	1-3	11-15	15-10	9-15	9-15	
9-1	George Washington	L	A1	1-3	9-15	7-15	15-9	10-15	
9-2	Pittsburgh	L	N1	1-3	10-15	11-15	15-13	8-15	
9-2	Portland	W	N1	3-1	15-13	15-6	14-16	16-14	
9-8	CONNECTICUT	W	H2	3-0	15-5	15-5	15-9		
9-9	VILLANOVA	W	H2	3-1	6-15	15-10	15-8	15-9	
9-9	WILLIAM & MARY	W	H2	3-1	15-8	15-11	12-15	15-3	
9-12	GEORGETOWN	W	H	3-0	15-9	15-1	15-1		
9-15	Michigan State	L	A3	0-3	2-15	3-15	13-15		
9-16	South Carolina	W	N3	3-2	13-15	10-15	15-11	15-10	19-17
9-16	Cleveland State	W	N3	3-1	9-15	15-10	15-5	15-0	
9-22	Duke	L	A	2-3	10-15	15-1	15-8	5-15	12-15
9-23	N.C. State	W	A	3-1	15-2	16-18	15-11	15-4	
9-29	GEORGIA TECH	W	H	3-1	15-7	4-15	17-15	15-7	
9-30	CLEMSON	W	H	3-1	15-5	11-15	15-8	15-12	
10-4	VIRGINIA	W	H	3-1	15-6	13-15	15-8	15-7	
10-6	North Carolina	L	A	2-3	16-14	11-15	5-15	15-9	8-15
10-10	American	W	A	3-1	15-7	11-15	15-8	15-6	
10-13	N.C. STATE	W	H	3-0	15-2	15-4	15-6		
10-14	DUKE	W	H	3-0	15-4	15-10	15-8		
10-20	Georgia Tech	L	A	0-3	7-15	13-15	10-15		
10-21	Clemson	L	A	1-3	15-2	12-15	10-15	5-15	
10-27	NORTH CAROLINA	W	H	3-1	15-11	15-7	16-18	17-15	
10-28	FLORIDA STATE	W	H	3-0	15-5	15-5	15-11		
11-1	George Mason	W	A	3-0	15-5	15-12	16-14		
11-4	Virginia	W	A	3-0	15-5	15-10	15-4		
11-11	Florida State	W	A	3-1	5-15	15-13	15-11	15-7	
11-16	Duke	W	N4	3-0	15-4	15-4	16-14		
11-17	Florida State	W	N4	3-0	15-9	15-11	15-3		
11-18	Georgia Tech	L	N4	0-3	3-15	9-15	16-18		
11-29	MIAMI (OHIO)	W	H5	3-0	15-9	15-3	15-11		
12/2	Ohio State	L	A5	1-3	15-12	10-15	11-15	13-15	

1--George Washington Tournament
2--Maryland Tournament
3--Michigan State Tournament
4--ACC Tournament, Clemson, SC
5--NCAA Tournament

1995 ACC Standings

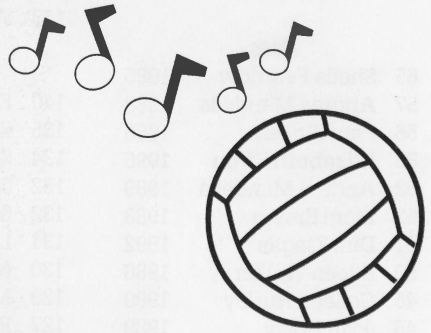
Team	ACC	Pct.	Overall
Georgia Tech	12-2	.857	29-7
Clemson	11-3	.786	23-10
Maryland	10-4	.714	22-10
North Carolina	7-7	.500	17-18
Duke	6-8	.428	7-18
N.C. State	6-8	.428	20-15
Florida State	3-11	.214	11-19
Virginia	1-13	.078	9-22

ACC Honors

Sherry Smith First Team All-ACC
ACC All-Tournament Team
Player of the Week

Elizabeth Efron Player of the Week
Second Team All-ACC

Shannon Saltzman
ACC All-Tournament Team



INDIVIDUAL RECORDS

INDIVIDUAL SEASON RECORDS

Kills

493	Colleen Hurley	1990
404	Sheila Fearnow	1986
401	Kelly Malins	1994
398	Andrea Oakes	1992
396	Kelli Myers	1989
388	Sherry Smith	1995
387	Colleen Hurley	1991
358	Colleen Hurley	1989
340	Joan Hosty	1990
340	**Elizabeth Efron**	**1995**

Attempts

1346	Colleen Hurley	1990
1158	Joan Hosty	1990
1071	Colleen Hurley	1991
995	Laura Rogers	1986
994	Sheila Fearnow	1986
934	Andrea Oakes	1992
915	**Daune Koester**	**1994**
867	Cindy Bauer	1992
866	Kelly Malins	1994
866	Sherry Smith	1995

Attack Percentage

.387	Andrea Mandella	1989
.359	Kelly Malins	1994
.344	Colleen Hurley	1989
.339	Sherry Smith	1993
.318	Nicole Lantagne	1993
.311	Nicole Lantagne	1992
.306	Sherry Smith	1995
.295	Kelli Myers	1989
.290	Andrea Oakes	1992

Assists

1405	**Eden Kroeger**	**1994**
1295	Nicole Lantagne	1992
1245	**Eden Kroeger**	**1995**
1219	Nicole Lantagne	1991
1112	Nicole Lantagne	1993
1000	Eileen Walker	1986
844	Andrea Mandella	1989
745	Andrea Mandella	1990
651	Nicole Lantagne	1990
526	Eileen Walker	1985

Aces

65	Sheila Fearnow	1985
57	Andrea Mandella	1988
56	Pam Rinker	1988
55	**Elizabeth Efron**	**1995**
52	Andrea Mandella	1989
52	Marji Brown	1988
51	Dini Fragas	1992
50	Eileen Walker	1986
45	Colleen Hurley	1990
45	Joan Hosty	1989

Digs

540	Joan Hosty	1990
514	Colleen Hurley	1990
465	Nicole Lantagne	1990
457	Nicole Lantagne	1992
442	Cindy Bauer	1992
425	Colleen Hurley	1989
398	Colleen Hurley	1991
391	Nicole Lantagne	1991
388	Sheila Fearnow	1985
369	Andrea Mandella	1990

Solo Blocks

66	Sheila Fearnow	1985
52	Sheila Fearnow	1986
48	Kelly Myers	1989
35	Kelli Myers	1988
34	Sherry Smith	1993
31	Wendy Waibel	1985
30	Laura Rogers	1985
30	Sherry Smith	1995
29	Marji Brown	1988
28	Laura Rogers	1986
27	Andrea Oakes	1992
27	Kelli Myers	1987

Block Assists

127	Kelli Myers	1989
123	Sheila Fearnow	1986
121	Sheila Fearnow	1985
118	Laura Rogers	1985
113	Laura Rogers	1986
106	Sherry Smith	1995
104	Marji Brown	1990
104	Andrea Oakes	1992
97	Kelly Malins	1992
94	**Shannon Saltzman**	**1995**

Total Blocks

187	Sheila Fearnow	1985
175	Kelli Myers	1989
175	Sheila Fearnow	1986
148	Laura Rogers	1985
141	Laura Rogers	1986
131	Andrea Oakes	1992
136	Sherry Smith	1995
127	Kelli Myers	1988
119	Marji Brown	1990
118	Kelly Malins	1992
118	Wendy Waibel	1985

Games Played

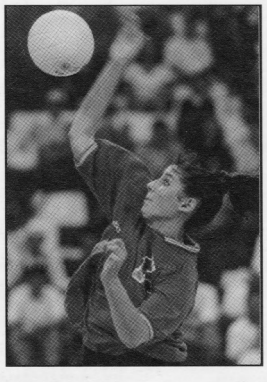
140	Eileen Walker	1986
135	Kelli Myers	1989
134	Susan Kerr	1986
132	Joan Hosty	1990
132	Sheila Fearnow	1986
131	Laura Rogers	1986
130	Nicole Lantagne	1990
129	Marji Brown	1990
127	Pam Krausman	1986
127	Jacie Miller	1989

INDIVIDUAL MATCH RECORDS

Attempts	86	Joan Hosty vs. North Carolina (11-3-90)
Kills	**32**	**Daune Koester vs. Georgia Tech (9-24-94)**
	32	**Elizabeth Efron vs. North Carolina (10-6-95)**
Kills Avg.	9.0	Moneach Surber vs. Towson St. (10/18/94)
Attack Pct.	1.000	Nicole Lantagne vs. Drexel (9-2-92)
Assists	**84**	**Eden Kroeger vs. Georgia Tech (9/24/94)**
Assist Avg.	**21.67**	**Eden Kroeger vs. William & Mary (10/1/94)**
Aces	6	Joan Hosty vs. several opponents
		Nicole Lantagne vs. Tennessee (10-7-90)
	6	**Elizabeth Efron vs. Clemson (9/30/95)**
Digs	40	Colleen Hurley vs. North Carolina (11-3-90)
Dig Avg.	10.3	Colleen Hurley vs. G. Washington (10-17-90)
Block Solo	11	Kelli Myers vs. Cornell (9-16-89)
Block Assists	15	Kelli Myers vs. Northeast La. (9-9-89)
Block Avg.	5.7	Kelli Myers vs. Cornell (9-16-89)
Total Blocks	17	Kelli Myers vs. several opponents

INDIVIDUAL CAREER RECORDS

Attempts	3203	Colleen Hurley, 1989-91
Kills	1238	Colleen Hurley, 1989-91
Kills Avg.	3.7	Colleen Hurley, 1989-91
Attack Pct.	.286	Jacie Miller, 1986-89
Assists	4277	Nicole Lantagne, 1990-93
Assist Avg.	9.3	Nicole Lantagne, 1990-93
Aces	169	Andrea Mandella, 1988-91
Digs	1668	Nicole Lantagne, 1990-93
Dig Avg.	4.04	Colleen Hurley, 1989-91
Block Solo	83	Kelli Myers, 1988-89
Block Assists	219	Kelli Myers, 1988-89
Block Avg.	0.9	Kelli Myers, 1988-89
Total Blocks	418	Kelli Myers, 1987-89
Games Played	459	Nicole Lantagne, 90-93
Matches Played	125	Andrea Mandella, 1988-91
		Nicole Lantagne, 1990-93



Sherry Smith is in the top 10 on six single-season lists.

Matches Played

39	Susan Kerr	1986
39	Eileen Walker	1986
39	Norma Kempf	1986
38	Kelli Myers	1989
38	Sheila Fearnow	1986
38	Pam Krausman	1986
37	Dini Fragas	1989
37	Joan Hosty	1989
37	Laura Rogers	1986
36	Jacie Miller	1989

SEASON AVERAGES

Kills Avg	4.1
	Colleen Hurley, 1990
Assist Avg	**13.5**
	Eden Kroeger, 1994
Dig Avg	4.3
	Colleen Hurley, 1990
Block Avg	1.7
	Sheila Fearnow, 1985

Current Players are in Bold

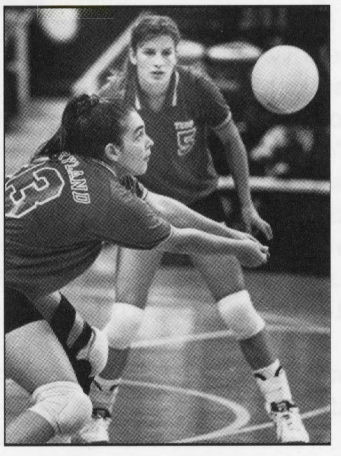
TEAM RECORDS

YEAR-BY-YEAR RESULTS

Year	Coach	Record	ACC Rec.	Finish ACC/Postseason
1971	Barb Drum	18-5		
1972	Barb Drum	18-8		
1973	Barb Drum	25-2		
1974	Barb Drum	39-4		Regionals Second Place
1975	Barb Drum	46-6		Regionals Third Place
1976	Barb Drum	30-16		Regionals First Place
1977	Barb Drum	43-15		Regionals First Place
1978	Barb Drum	37-13		
1979	Barb Drum	29-15		
1980	Barb Drum	23-20		Fifth
1981	Barb Drum	32-19	0-3	Sixth/Regionals Fourth Place
1982	Barb Drum	23-20	2-4	Fifth
1983	Barb Drum	21-17	5-2	Fourth
1984	Barb Drum	24-17	4-3	
1985	Barb Drum	18-14	4-3	
1986	Barb Drum	21-17	4-3	
1987	Barb Drum	10-18	1-5	
1988	Janice Kruger	11-22	2-4	T3rd
1989	Janice Kruger	23-15	2-4	T3rd
1990	Janice Kruger	22-12	5-1	ACC Champions/0-1 NCAA Tourney
1991	Janice Kruger	18-11	5-2	2nd
1992	Janice Kruger	20-7	5-2	3rd/1-1 3rd in Tourney
1993	Janice Kruger	16-13	6-8	5th/1-1 3rd in Tourney
1994	Janice Kruger	18-13	8-6	4th/0-1 5th in Tourney
1995	Janice Kruger	22-10	10-4	3rd/2nd in Tourney/1-1 NCAA Play
25 yrs	2 Coaches	607-329 (.647)	63-54 (.515)	1 ACC Title, 2 NCAA Appearances 2 Regional Titles

TEAM MATCH RECORDS

Attempts	287 vs. Akron (8-31-90)
Kills	98 vs. Liberty (11-9-90)
Kill Avg.	23.8 vs. Ga. Tech (9-24-94)
Attack Pct.	.407 vs. N.C. State (10-13-95)
Assists	93 vs. Ga. Tech (9-24-94)
Assist Avg.	23.3 vs. Ga. Tech (9-24-94)
Ace	16 vs. Virginia
Dig	192 vs. North Carolina (11-3-90)
Dig Avg.	38.4 vs. N. Carolina (11-3-90)
Block Solo	16 vs. Ga. Tech (10-3-92)
Block Assist	34 vs. Georgia (9-5-89)
Block Average	9.5vs. Georgia (9-5-89)



Elizabeth Efron was a 1995 Second-Team All-ACC selection.

YEARLY STATISTICS

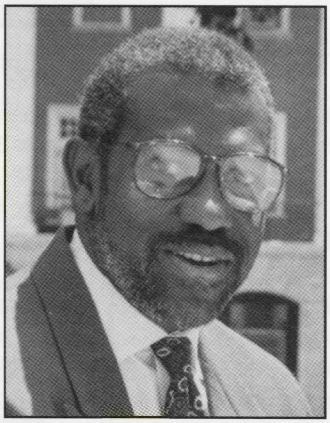
Statistics only available since 1985

Year	Matches	Kills	Attempts	Pct	Asst	Aces	Digs	Solos	Blk Asst
1985	32	1322	3958	.157	1191	239	2142	**184**	**542**
1986	**39**	1627	4952	.171	1410	251	2178	136	517
1987	28	1009	3296	.177	803	172	1453	89	298
1988	33	1223	3602	.171	1020	**312**	1912	129	282
1989	38	1698	4279	**.254**	1347	295	2416	102	428
1990	34	1818	**5501**	.177	1532	221	**2942**	67	369
1991	29	1617	4572	.197	1376	200	2147	81	260
1992	33	1691	4725	.217	1431	229	2253	104	471
1993	29	1476	3958	.208	1365	145	1930	110	307
1994	31	1796	4718	.229	1619	196	2182	76	403
1995	32	**1944**	5062	.232	**1749**	232	2133	81	209

ACADEMIC SUPPORT

There is an insistence in the Maryland athletic program that student-athletes get a degree in a career field that will enhance their life after College Park. The insistence is underlined by Coach Janice Kruger and her staff, by the athletic administration and by the Academic Support Unit of the Department of Athletics. Striving for excellence is not just something that the University of Maryland student-athletes do on the field or court.

Toward that goal of a successful academic experience for each student-athlete, the athletic department created the Academic Support Unit. Each ASU staff member is responsible for working with specific sports, counseling each student-athlete individually.



The department operates an ever-expanding computer room and an extensive library of most of the books an athlete will need through her academic career.

ASU organizes over 100 tutors from all academic disciplines. Student-athletes can receive specialized one-on-one training in any class by a qualified tutor.

John Bowman is Associate Director of Student Services for Academic Support and is the ASU staff member in charge of volleyball. Bowman has also served as a Senior Advisor in Academic Support from 1987 through 1991 and was an Athletic Advisor in 1986 in the Department of Undergraduate Studies. He was also a coordinator in the campus' Intensive Education Development Program (1979-1986).

Towards a student-athlete's development, ASU provides the following:

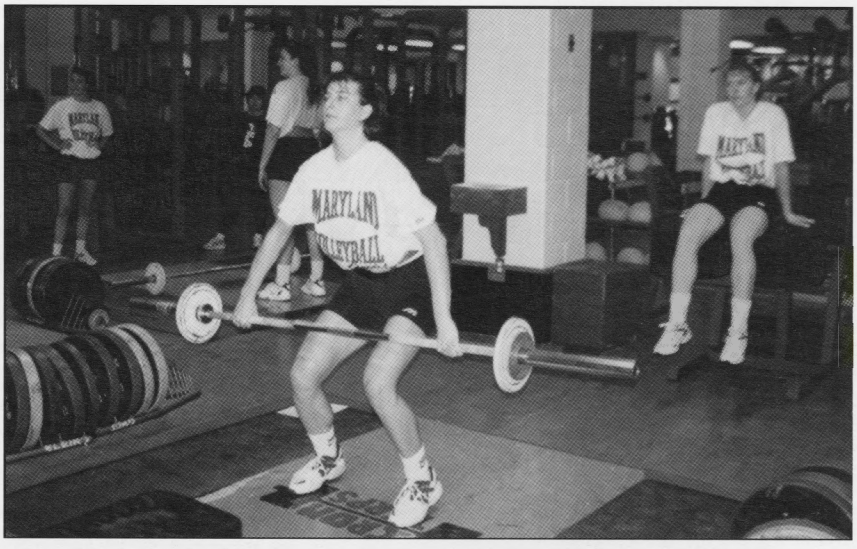
- Personal academic assessment
- Academic advising and counseling
- Supervised study
- Learning and study skills programs
- Computer training and usage
- Group and individual tutoring
- Career mentoring
- Summer internships

1995 Volleyball
Athletic Director s Scholar-Athletes

Eden Kroeger
Kelly Malins
Kim Mosley
Tania Nagl
Shannon Saltzman
Moneach Surber

STRENGTH TRAINING & CONDITIONING

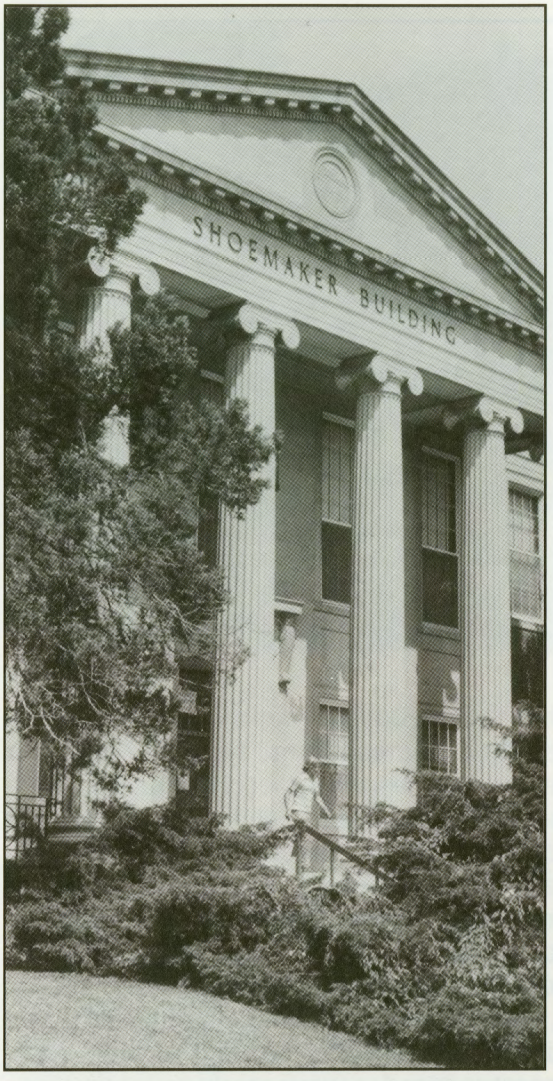
The physical preparation of a student-athlete to compete in volleyball has developed into a critical component of the overall program. Emphasis is put on physical conditioning not only to enhance performance, but also prevent injury.



Assistant strength coach **Damian Stevens** works with the volleyball team and employs a program that is geared towards maximizing athletic development.

University of Maryland student-athletes are fortunate to train in one of the premier weight training facilities in the country. The Maryland Weight Room Complex features 7,200 square feet of space that holds training equipment to meet the needs of the athletes. The facility includes an 11-ton free weight system with Olympic platform, as well as state-of-the-art electrolyzed and plate-loaded equipment.

THE UNIVERSITY AT COLLEGE PARK



These are great days at the University of Maryland at College Park. The university, through an act of the state legislature, has been designated officially as the state's flagship campus with a mandate to become one of the nation's leading public universities. The effect of the mandate is for individuals from all corners of the university to aspire toward excellence, to think great thoughts and to become immersed in an educational enterprise of the highest caliber. There is an unmistakable momentum for change and a sense of heightened expectation at College Park-Maryland is choosing quality.

The faculty have enthusiastically endorsed a new general education program that began in the fall of 1990. It is a blueprint for comprehensive changes in the undergraduate experience at Maryland. The campus is reducing its undergraduate enrollment, improving the ratio between faculty and students, raising admissions standards, revamping the University Honors Program, strengthening the advising system, supporting expanded undergraduate research, and encouraging innovations in teaching.

A new language house has opened where student residents have direct satellite access to foreign language television broadcasts from the USSR, Latin America, Italy and Japan, and where, in a total immersion setting, they have pledged to speak their chosen language at all times. A new honors house, a stimulating living and learning center for undergraduates taking part in the University Honors Program, opened in 1992. An international house, a living-learning environment that will meet the growing needs of the diverse international population on campus, was also added.

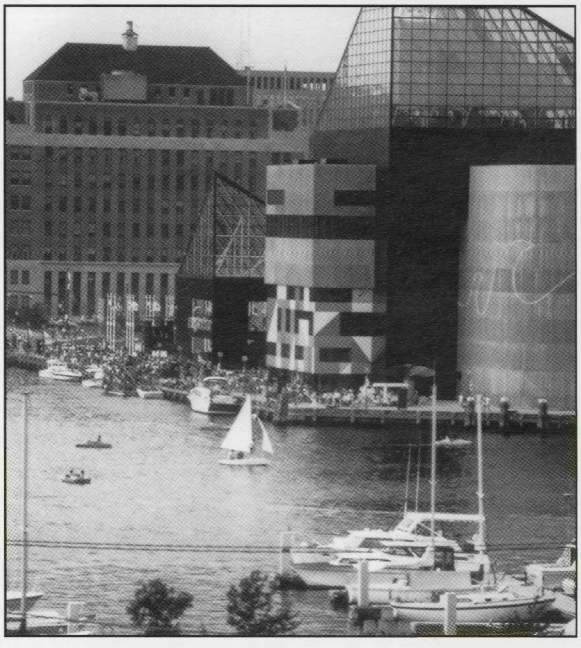
THE UNIVERSITY AT COLLEGE PARK

LOCALE

The state of Maryland is unrivaled in its scenic beauty, its rich heritage, and its wealth of educational, recreational, and cultural opportunities. From the mountain passes of Garrett County in the west, to the sand dunes of Assateague Island on the Eastern Shore, and the cosmopolitan excitement of Baltimore and Washington, D.C., there is unparalleled variety of experiences and resources available to students at the university.

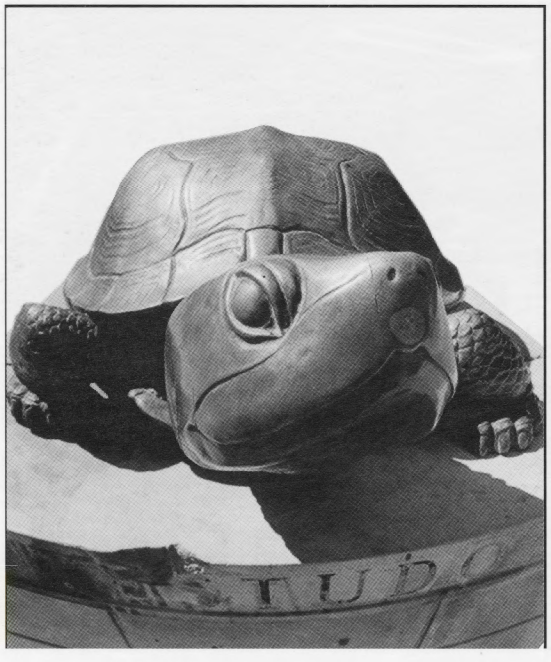
Nine miles from the nation's capital, the University of Maryland at College Park is within easy reach of the country's best research facilities. The Library of Congress, the National Archives, the Smithsonian Institution and the National Libraries of Agriculture and Medicine are among the many unique resources in the area.

In addition to traditional scholarly resources, the campus is surrounded by the dynamic cultural opportunities that only a major metropolitan area can provide. The Kennedy Center alone houses the National Symphony Orchestra, five performance stages, an opera company, and the American Film Institute. In Baltimore, one of the great ports of the world, a recent and remarkable renaissance has added the glistening touch of office towers and hotels to the quaint shops and ethnic restaurants of its many colorful neighborhoods. Harborplace and the National Aquarium anchor the Inner Harbor, which has become a cultural magnet for thousands of tourists each year.



The Chesapeake Bay accounts for nearly 20 percent of Maryland's acreage, and is a focal point for the serious study of estuarine ecology as well as a recreational treasure. It is the source of Maryland's famed crabs and other seafood specialties, and a refuge for many species of water fowl.

Not far from any point in the state is evidence of the burgeoning development which has made Maryland a model for economic growth and fiscal health. High tech, engineering, and service industries thrive in proximity to the campus, offering a wide spectrum of opportunities for work study or internships for students and career choices for graduates.

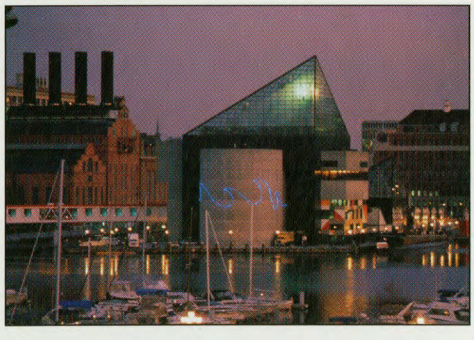


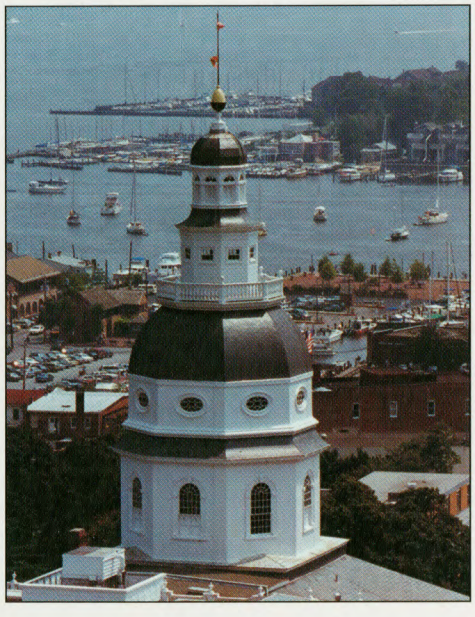
The University of Maryland at College Park, as the flagship campus of the state higher education system, is a vital part of Maryland's current prosperity and its vision for the future. For students here, the state offers a bounteous extension to the campus' own wealth of opportunity.

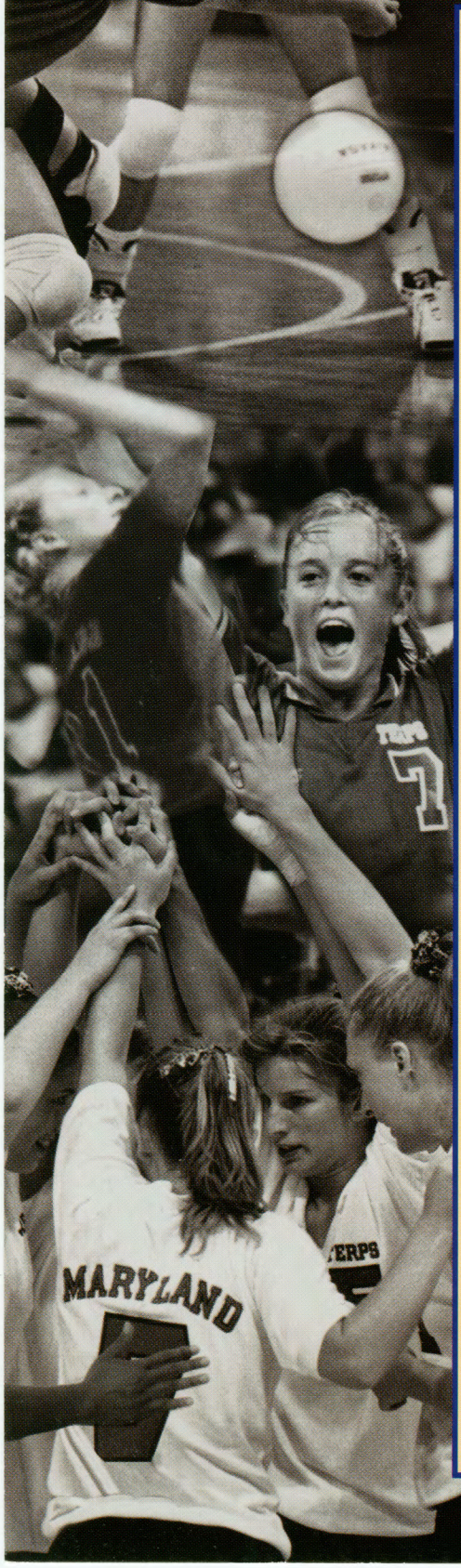
Our location adds to the excitement on campus, too. Few regions in the nation have the intellectual, cultural and physical resources to compare with those in the Baltimore-Washington, DC. corridor. College Park's location astride that corridor means that Maryland undergraduates may tap these resources to their fullest - through internships, research projects, cooperative work-study and other programs offering hands-on experience.

We invite you to take a closer look at the University of Maryland, its extensive academic programs, faculty, research facilities, student activities and support services and the resources and opportunities it offers. See for yourself the number of different ways in which Maryland is choosing quality. There has never been a better time to choose Maryland.

UNIVERSITY OF MARYLAND 1856







1996 NCAA Division I Women's Volleyball Championship

Maryland Volleyball

1996 Terrapin Schedule

AUGUST		
30-31	at Hofstra Invitational	
30	vs. Villanova	5:00 P.M.
31	vs. Loyola College	Noon
31	at Hofstra	6:00 P.M.
SEPTEMBER		
6-7	at Wisconsin Invitational	
6	at Wisconsin	7:00 P.M.
7	vs. Texas A&M	2:00 P.M.
7	vs. Loyola College	6:00 P.M.
10	at Georgetown	7:00 P.M.
13-14	HOLIDAY INN-COLLEGE PARK INVITATIONAL	
13	William & Mary vs. George Washington at George Washington	
14	MARYLAND vs. WILLIAM & MARY	Noon
14	MARYLAND vs. GEORGE WASHINGTON	5:00 P.M.
20	*VIRGINIA	7:00 P.M.
21	*FLORIDA STATE	2:00 P.M.
27	*North Carolina	7:00 P.M.
28	*N.C. State	7:00 P.M.
OCTOBER		
4	*GEORGIA TECH	7:00 P.M.
5	*CLEMSON	7:00 P.M.
9	GEORGE MASON	7:00 P.M.
11	*Wake Forest	7:00 P.M.
12	*Duke	7:30 P.M.
15	*Virginia	7:00 P.M.
18	Florida	7:00 P.M.
25	*DUKE	7:30 P.M.
26	*WAKE FOREST	7:00 P.M.
NOVEMBER		
1	*Clemson	7:00 P.M.
2	*Georgia Tech	5:00 P.M.
10	*Florida State	1:00 P.M.
15	*N.C. STATE	7:30 P.M.
16	*NORTH CAROLINA	7:00 P.M.
22-24	ACC Tournament at Georgia Tech	TBA

*ACC Match
ALL HOME MATCHES IN CAPS

Ready to Rock